

*"Assisting families in educating and fostering growth of the whole child"*



# From the Heart

the newsletter from Sacred Heart School

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**March 23, 2017**

**Thursday, March 23**

**SprIt DaY!**

April Hot Lunch, Homework Club, Blimpies orders due

**Friday, March 24**

Mass 8:30 (7); Stations of the Cross 9:30 (5)

End of 3rd Quarter - Noon Dismissal

Support our Preschool - Papa Murphy's Pizza Day (see flier in envelope)

Deadline to order Yearbook [ybpay.lifetouch.com](http://ybpay.lifetouch.com)

**March 25-April 2**

**SpRiNg BrEaK!!**

**Tuesday, April 4**

Kinder to BAM 9:30-10:30

**Thursday, April 6**

Idaho Theater for Youth - Stuart Little - 9am

**Friday, April 7** - Mass 8:30 (6), Stations of the Cross

**Saturday, April 8**- Cup stacking in the gym

Science Olympiad 8am-4pm at NNU

**April 10-13 - Kindness Week**

## Letter From Our Principal

Fasting means not only abstaining from food, but also from any unhealthy attachment, and especially sin. Pope Francis

Dear Parents,

Believe it or not, tomorrow is the last day of the third quarter! Please work with your students to help them focus and work hard during the final quarter of this school year.

We are only four weeks away from our 6<sup>th</sup> Annual "It Takes a Village" Gala! It is time to purchase your tickets, turn in your donations, and find out how to help. As you know, the Gala is our biggest fundraiser of the year and the dollars raised through this event help make up the difference in tuition and other income and our expenses for the year. It is imperative that everyone get involved and help where they can. If you can make the meetings, they are a great way to provide input and find out where we still need help.

Several of our fifth and sixth grade students spent last weekend in Pocatello, for the Crusader basketball tournament. Our students played hard and represented our school very well. We had some wins and we had some losses, but most of all, we had fun and spent time with friends and family. Congratulations to all of our students and coaches. I would especially like to thank Brian Flowers, John Laible, Marshall Murrin, Johnny Horn, and Dustin Conner for coaching our students and sharing the gift of their presence

with them. I appreciate all of you!

Next week is Spring Break and I hope you all have some refreshing and rejuvenating activities planned. The break is a great time to do a home uniform inspection. Please check to make sure all clothing is in good repair and still fits properly. Skirt and shirt length is definitely something to consider, as most of our students have grown significantly this past year. Thank you for your help with uniforms!

I pray that you all have a fun and blessed Spring Break! Don't forget that tomorrow is a  
NOON DISMISSAL!

In Christ,

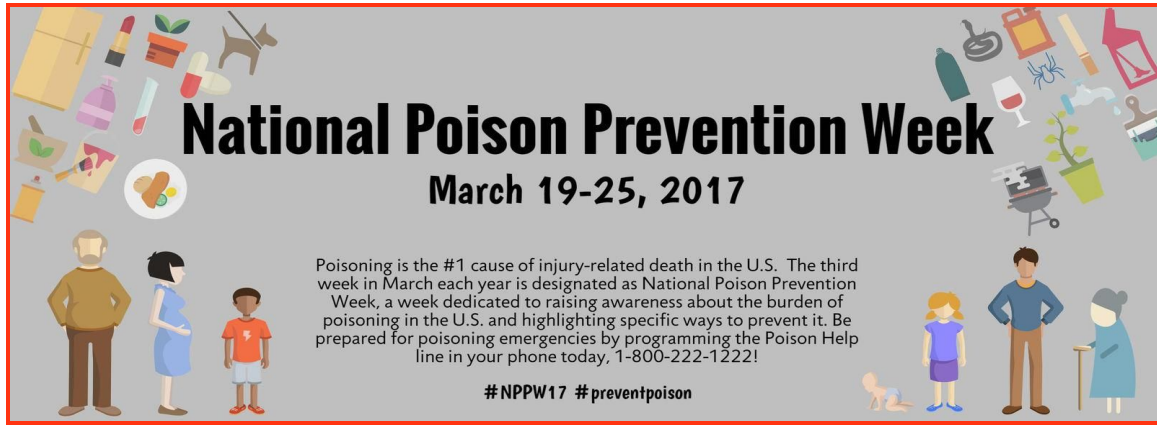
Brock Carpenter



**Saint Alphonse**

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**SCHOOL HEALTH PROGRAM**



National Poison Prevention Week is March 19-25, 2017, and we want to bring attention to a very serious safety hazard found in all of our own homes; poisonous household materials. It is extremely important that we understand the chemicals we bring into our home, how to store them securely, and how to dispose of them properly.

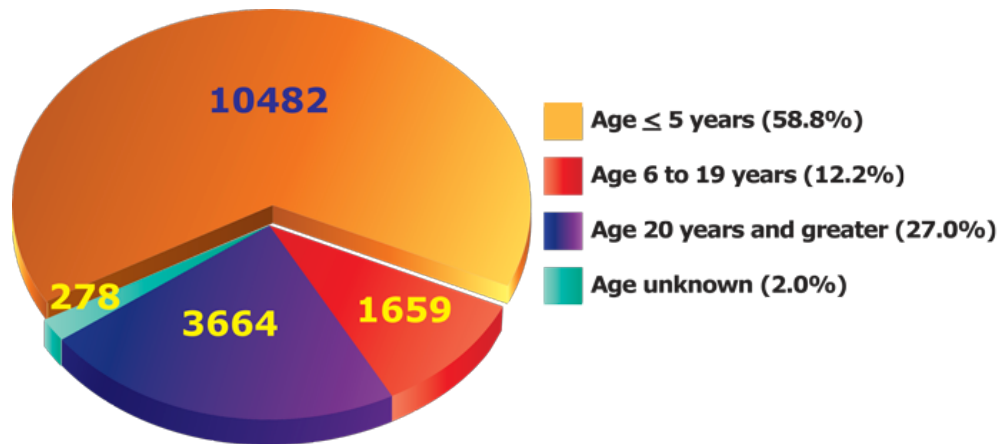
### **Accidental Poisoning is a Public Health Issue**

During 2016, poisoning was the third leading cause of unintentional injury deaths among Idahoans, subsequent only to motor vehicle crashes and falls.

According to the Nebraska Regional Poison Center (NRPC), Idaho's regional poison control center, almost 15,000 calls were received during 2016 from Idaho residents and healthcare providers seeking advice and consultation in poison exposure in people of all ages.

The majority of these calls were received from parents of children aged 5 years and younger who were unintentionally exposed to poisons in the home. Nearly three of every four calls placed to the NRPC are for children 19 years and younger.

**Almost 60% of All Poison Center Calls Are For Children Under the Age of 5 Years**



The leading causes of poison episodes in Idaho children are analgesics (pain killers such as aspirin, acetaminophen, and ibuprofen); cosmetics and personal care products; household cleaning and automotive products; foreign bodies (including magnets); and topical preparations (for example, diaper cream). Most of these poisoning exposures occur in the child's own home.

### **Keep Young Children Safe from Poisoning**

- Put the poison control number, 1-800-222-1222, on or near every home telephone and save it on your cell phone. Calls are free and the line is open 24 hours a day, 7 days a week.
- Keep all drugs in medicine cabinets or other childproof cabinets that young children cannot reach.
- Turn on a light when you prepare medicines for children so that you know you have the correct amount of the right medicine.
- Avoid taking medicine in front of children because they often copy adults.
- Do not call medicine "candy."
- Be aware of any legal or illegal drugs that guests may bring into your home. Do not let guests leave drugs where children can find them, for example, in a pillbox, purse, backpack, or coat pocket.
- When you take medicines yourself, do not put your next dose on the counter or table where children can reach them.
- Never leave children alone with household products or drugs. If you are using chemical products or taking medicine and you have to do something else, such as answer the phone, take any young children with you.
- Do not leave household products out after using them. Return the products to a childproof cabinet as soon as you are done with them.
- Identify poisonous plants in your house and yard and place them out of reach of children or remove them.



## **H&S Happenings:**

**Thank you to the volunteers that helped with the Lenten Pretzels on Monday!**

**The next monthly meeting will be Monday, April 10th at 7PM in the library. We will be holding elections for new board members. Any parent (mom or dad) can run for a position. This is a great way to fulfill PALS hours, get involved with the school, and help shape decisions on events and fundraisers. If you are interested in running for a position, please contact me. The positions up for election this year are: Vice President, Secretary, Treasurer, Room Parent Coordinator and PaCE (Promotion of a Christian Environment) Chair.**

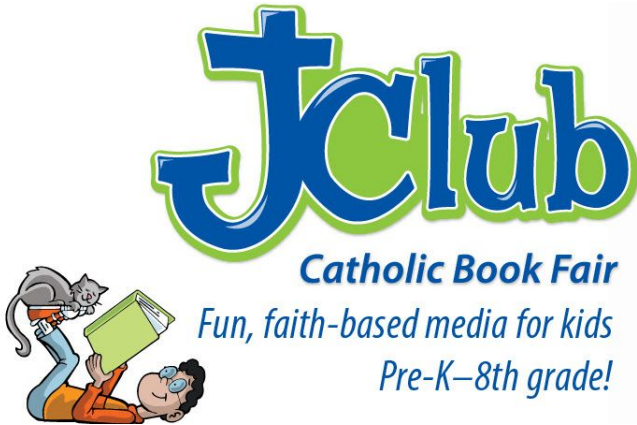
**Like the [Sacred Heart Catholic School Home & School Facebook page!](#)**

**Nicole Nichol, Home & School Assoc. President, [nthaner@gmail.com](mailto:nthaner@gmail.com), 440-9406**

### **Science Olympiad**

**Science Olympiad is April 8<sup>th</sup> at Northwest Nazarene University. Students should arrive at 8:00 am.**

**Events start at 8:30 and continue throughout the day. More information such as directions, schedules and meeting locations will be available after spring break.**



**Our JClub Book Fair was once again very successful! Thank you to those school families who placed orders! Thank you also to all our parishioners who generously supported this event, by both purchasing books and giving generous donations! The proceeds from this event enabled us to purchase 19 new Catholic books for the school library & 15 new Catholic books and DVDs for the PreK - 5th grade classrooms! This will enrich the lives of our students and help them embrace their Catholic faith!**

**(If you placed an order and have not yet received your items, please stop by the main office. Thank you!)**

## YEARBOOK!!!

Dear Parent,

We're sending you a quick note to remind you that the yearbook order deadline is **this Friday**. Pre-order your Sacred Heart Catholic School yearbook online at [ybpay.lifetouch.com](http://ybpay.lifetouch.com) by Friday, March 24 to make sure your student doesn't miss out on this year's school memories.

**Pre-order your yearbook before Friday, March 24!**

**Click here**

Not sure if you've already pre-ordered the Sacred Heart Catholic School yearbook? Click [here](#) to receive an email containing your online order history for the 2016-2017 school year.

Thank you!



## **SCRIP NEWS**

- There are 7 more SCRIP orders for the year...time is flying by!! If you need to know where you are with your balance, please ask.

Thank you so much for all that you ALL do to help this school. Any questions, please contact Kristen Alverson 830-5335 with any questions.

### **Bishop Kelly Youth Football Camp, the 24<sup>th</sup> Annual**

The only contact camp for Optimist age players and incoming 8th graders.

For players in grades 3<sup>rd</sup> – 8<sup>th</sup> for the 2017-2018 school year camp dates: June 26<sup>th</sup>- 29<sup>th</sup> 2017 Fee: \$150; \$120 for additional family members.

Camp includes; Football fundamentals, Helmet, Camp Shirt, Insurance and lots of FUN.

For applications and online registration; [www.bkfootballcamp.com](http://www.bkfootballcamp.com) or Contact Camp Director Tim Brennan at [tbrennan@bk.org](mailto:tbrennan@bk.org)

