



From the Heart

the newsletter from Sacred Heart School

“Assisting families in educating and fostering growth of the whole child”

January 26, 2017

Upcoming Events

January 27 - Mass 8:30 (4)

January 28 - **Spaghetti Dinner - Open House 6-8pm**

January 29 - **February 3 - Catholic Schools Week**

January 29 - Sacred Heart School Mass @ Sacred Heart Church 11 am

January 30 - Happy Birthday Mrs. Major!

January 31 - Happy ½ Birthday Mrs. Grove!

February 1 - Happy Birthday Mrs. Wokersien!

February 2 - Happy ½ Birthday Mrs. Roberts!

February 3 - All Schools Mass at St. Mark's 10 am

February 7 - Happy ½ Birthday Mrs. Guerricabeitia!

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Please “like” us on facebook
Sacred Heart Catholic School

January SLE - Excellence in Academics: "From the first moment that a student sets foot in a Catholic school, he or she ought to have the impression of entering a new environment, one illumined by the light of faith, and having its own

The Religious Dimension of Education in a

Dear Parents,

Everyone is invited to join us for the Annual Spaghetti Dinner and Open House on Saturday night. This event is simply meant to be a celebration of Sacred Heart Catholic School, and is our kickoff to Catholic Schools Week. It is a great opportunity to come together as a community, enjoy a nice meal, and have some fun. Everyone will get a raffle ticket with their meal purchase and we will be drawing for prizes throughout the evening. Thank you to everyone who has volunteered to help; we are very grateful! If you have not yet invited someone to join you for a tour of the school, please do so. I hope to see you all on Saturday.

We will also have a School Mass on Sunday at 11:00, at Sacred Heart Parish. All families are invited to attend. Sacred Heart students will be involved in the Mass. We ask that students attend in their Sacred Heart Mass Dress. This is a wonderful way for us to share our students and families with the parish and start Catholic Schools Week!

Next week we will be celebrating Catholic Schools Week, with the Catholic Schools in our valley, state, and country. As the quote at the beginning of this letter states, our Catholic Schools are illumined by the students, staff, and families who live and share their faith together. We celebrate all those who are the make-up of our Catholic schools, their dedication to Catholic education, and the effort they make to keep our schools open. We also celebrate our Church, which has seen the wisdom in maintaining Catholic schools in our nation and the effort made by priests and bishops to be present in their schools.

We have a special week planned for Sacred Heart, as we celebrate the national theme, which is *Catholic Schools, Communities of Faith, Knowledge, and Service*. This year we are focusing on our School Wide Learning Expectations and will have activities each day and throughout the week that bring the SLE's to life. There is a flyer, in the family envelope this week, which explains all of our activities and projects through the week. We will have daily faith questions, a daily collection that benefit the CATCH organization, the Catholic Book Fair, and luncheon for our priests and deacons, etc. Please look through this information to see how your students will be celebrating this week.

Next Friday, January 29th, students will be bused to St. Mark's, where we will join our other Treasure Valley Catholic Schools to celebrate Mass. **Students should be in Mass Dress (dress shirts and ties for boys). Girls are expected to be back in their plaid.** This is a very special week, as we recognize the incredible blessing we have in

our Catholic Schools. Parents and families are invited to join us for Mass at St. Mark's on Friday morning. Mass will begin at 10:00. I hope you can make it!

Each day during Catholic Schools Week, Salt and Light Catholic Radio will be featuring one of our Catholic Schools. They will interview a principal each day at 3:30 or 6:00. Listen in to hear about our Catholic schools here in the Treasure Valley! I believe my interview will air on Tuesday, at 6:00, on Catholic Idaho.

Report cards will be coming home in the family envelopes today. Please note that we have had some issues with Power School, particularly in the comments sections. Some of the comments that are printing are from the first quarter, rather than the second. The grades should be accurate, however. If you would like to see the correct comments, they are available in Power School. I apologize for this reporting error! We are very excited to implement our new grading and student information system, Rediker. We will be switching over the summer, and will share more information through the spring.

I am excited to welcome a new member to our school staff and community. Holly Little will be our new bookkeeper beginning in February. Mrs. Graefe will be transitioning to her full-time position at the parish, starting February 1st. Mrs. Little has been spending time here already, and is quickly learning our processes and procedures. Please help me welcome her to Sacred Heart. (It is actually a "welcome back". She is a Sacred Heart and Bishop Kelly alumna from a few years ago)

The regional Future Cities competition was held at Boise State University this weekend. Mrs. Gado took three teams, and all three did well. They each earned special awards, and one of our 6th grade teams earned 4th place overall! Congratulations to all of our team members, and to Mrs. & Mr. Gado!

Also, don't forget to buy your tickets for the GALA TABLE RAFFLE!! Tickets will be available at the Spaghetti Dinner on Saturday, and we will draw our winner that evening!

God bless you and have a great weekend! I hope to see our dads at the Men's Conference at Bishop Kelly, on Saturday.

In Christ,

Brock Carpenter

Hello Parents,

After printing the Quarter 2 report cards, we noticed that some of the course comments are from Quarter 1. The most current comments and information on your student can be found on the PowerSchool portal: <https://rcdb.powerschool.com/public/>

We apologize for the inconvenience. Please contact Jenny at jwokersien@sacredheartboise.com if you have problems logging into the portal.



Saint Alphonsus

SCHOOL HEALTH PROGRAM

TIPS FOR AVOIDING WINTER SPORTS INJURIES

- Warm up correctly.
Start out with a quick stretch followed by exercises to raise your heart rate, such as jumping jacks, arm swings, and running in place.
- Add core exercises.
Most winter sports require good balance. Include at least 10 minutes of core exercises 2-3 times per week, choosing movements that mirror the activities you'll be doing outside.
- Dress correctly.
Wear several layers of clothing to trap body heat, including a long-sleeve shirt, sweatshirt, and coat. Invest in waterproof boots, a hat, and gloves. Good goggles and a helmet can literally be lifesavers when participating in speed sports.
- Protect your ankles.
If you'll be wearing skates, or boots for skiing or snowboarding, make sure they fit snugly but don't cut off circulation. Wear socks that keep you warm and keep you stable in your boots.
- Stay hydrated.
Even though it's cold outside, you still sweat and need to stay hydrated.
- Skip the last run.
Many winter sports injuries occur later in the day. If you feel fatigued and are debating whether or not to take that one last run, it's probably a good time to call it a day.

If you have questions or concerns, or if there is any way we can help your child, please contact us.

Saint Alphonsus School Health Program
MaryLou Cunningham, RN, BSN, NCSN, MHS
Kim O'Sullivan, RN, BSN
Linda Miller, RN, BSN
Sherry Placido, CNA

Saturday, January 28, 2017

Join us for our 8th Annual Spaghetti Dinner and Open House to take place on Saturday, January 28th, from 6:00-8:00pm. We would also like to welcome your friends with school age children that may be searching for a new school. Please extend an invitation. Tours will be offered and staff will be available for questions.

If you would like to volunteer for even an hour to help with set-up, serving, or clean-up, please contact Bridget Bedke at bcbedke@gmail.com.

“It Takes A Village” Gala Table

This weekend is the Annual Spaghetti Dinner and Open House. As part of this event, the “It Takes A Village” Gala will be selling tickets for an opportunity to **win 10 seats at the Gala table**. If you win this awesome table...you get to bring 9 guests to sit with you, appetizers and wine to start, and dinner from Epis a Basque Restaurant. This is valued at over \$800 and you could win it for **only \$25 or 5 for \$100!!** You can purchase your lucky ticket(s) in the office this week or at the Spaghetti Dinner. They will draw for the winner that night. If you have any questions, please feel free to contact the office or Casey Bentz, the Gala Chair.

Casey Bentz

[208.830.5754](tel:208.830.5754)

Caseybentz8@gmail.com

VOLUNTEERS STILL NEEDED – Can you help serve from 6:00-7:00pm?



We're almost ready for our 8th Annual Spaghetti Dinner and Open House to take place on Saturday, January 28th, from 6:00-8:00pm. We need more servers for that initial rush hour beginning right after Mass. We hope to eliminate a long line. Please consider helping for even just one hour. Sign up instructions are listed below. Thank you!

We're using SignUp.com to organize our volunteers this year. We are especially in need of food servers from 6:00pm to 7:00 when the majority of our guests arrive from Saturday's 5:00pm Mass. Can you help for one hour?

Here's how it works in 3 easy steps:

1. **Click this link** to go to our invitation page on SignUp.com: <http://signup.com/go/eNbYBG>
2. **Enter your email address:** (You will NOT need to register an account on SignUp.com)
3. **Sign up!** Choose your spots - SignUp.com will send you an automated confirmation and reminders. Easy!

Note: SignUp.com does not share your email address with anyone. If you prefer not to use your email address, please contact me, Bridget Bedke and I can sign you up manually.
bcbedke@gmail.com

\$500 TUITION DISCOUNT COULD BE YOURS!

Attention Parents-

As we prepare for the 8th Annual Spaghetti Dinner and Open House on Saturday, January 28th, we encourage you to spread the good news about your own children's learning experience here and invite your friends that may be in search of a new school. Teachers will be available to answer questions and tours will be offered.

We also want to remind you that for every family that enrolls their children at Sacred Heart, due in part to your referral, we will deduct \$500 from your tuition for the 2017-18 school year.

Thank you,

Sacred Heart School Marketing Committee



Home & School Happenings:

H&S Happenings:

Mother/Son Bowling will be Saturday, Feb 11th from 2-4 at Emerald Lanes. If you are interested in being the photographer for this event please contact Courtney Troutner: deuzy629@gmail.com

Next monthly meeting will be Monday, Feb 13th at 7PM in the school library. All are welcome and you will earn PALS hours and a free dress for one of your students.

Father/Daughter Dance will be Saturday, Feb 25th from 7-9 in the school gym.

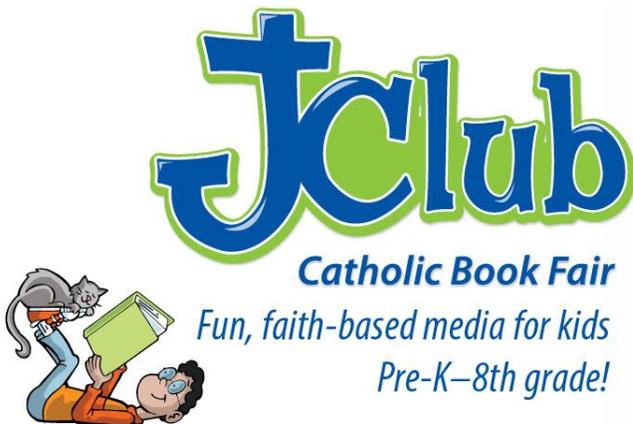
Like the [Sacred Heart Catholic School Home & School Facebook page!](#)

If you ever have any questions about H&S and our events, feel free to contact me any time!

Nicole Nichol, Home & School Assoc. President, nthaner@gmail.com, 440-9406

MEN!

The Idaho Catholic Men's Conference will be on January 28, 2017 at Bishop Kelly High School. Teen sons 15 years old and older may attend along with a chaperone. The conference will be featuring dynamic speakers including Fr. Michael Schmitz, Fr. Gary Thomas, Sean Forrest, Dr. Tim Johans and Mass with Bishop Peter Christensen. For all the details and to get registered go to www.IdahoCatholicMen.com <<http://www.IdahoCatholicMen.com>> or call: **208-353-8494**



Hello Sacred Heart families,

It's that time of year again! JClub Book Fair is back again (next week) during Catholic Schools Week. Please come check out our books on display in the library. Each child will be receiving a JClub Magazine in today's family envelope along with a letter to the parents. This hopefully gives you a chance to preview the books that will be available for ordering. All orders can be brought to the main office or given to the teachers. Please remember that 30% of all sales remain here at the school, enabling of purchase of new Catholic books for the classrooms and school library. This really is a win-win-win for parents, students, and our school!

If you have any questions please contact Elizabeth Bauer at 440-6681 or elizabethandvern@yahoo.com

Sacred Heart plaid ties may be purchased through www.dennisuniform.com
Our School ID is IDSHSB

We have a limited amount of small bow ties for sale in the office

Please make sure your 5th- 8th grade sons have Sacred Heart Plaid ties to wear to mass each week



Box Top News

Congratulations to the 5th grade for winning the Nov/Dec Box Top Challenge! I will continue to collect every other month, and the next collection day will be Feb. 28. Please keep clipping those Box Tops! There are numerous participating products, so don't forget to check your food and non-food items for those little pink squares. Each one is worth 10 cents for our school and they do add up! Currently, General Mills and Walmart have teamed up to offer 4 Bonus Box Tops Certificates on select products. Each certificate we submit gives our school a chance at to be one of 20 winners for 50,000 Bonus Box Tops, which equates to \$5,000! To learn more, enter contests, see participating products, and get coupons, please visit www.boxtops4education.com .

Kim Conner
dlconner@cablone.net